

## Basic Life Support + AED session

**Â A session designed for students to refresh and update their basic life support skills for adult, child and baby to current Resuscitation Council (UK) protocols. The use of an AED is also included. This course is ideal for NHS staff annual update training Â**

**Cost:** Â£350 for up to 12 students

**Course length:** 3 hours

**This course is for:** Any individuals who require BLS+AED adult, child & baby refresher training or wish to gain knowledge of emergency procedures.

**Certificate:** A certificate of competence is awarded upon successful completion

**For bookings contact:** Nigel Sivyer Tel: 01322 666 404, Mobile 07960 937 120, Email [info@firstaidcourses.co.uk](mailto:info@firstaidcourses.co.uk)

### Aims

Â To enable candidates to deliver safe, prompt and effective basic life support +AED to an adult, child or baby casualty following an injury or illness to current Resuscitation Council (UK) guidelines

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### Objectives

By the end of this session the student will be able to:

Perform Recovery Position and CPR on adults, Children and babies

Use an AED (Automatic External Defibrillator)

demonstrate choking procedures on Adults Children and babies



# 1st Aid at Work TRAINING SERVICES

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HSE Approval 1441/94

## Syllabus

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Introduction, registration welcome & domestics

- À *Assessment of a casualty*
- Examination of an unconscious casualty
- Recovery position adult, child & baby
- BLS techniques, adult, child & baby Artificial Ventilation and Chest compressions. Use of an AED.
- À *Assessment and first aid treatment for Choking adult, Child & Baby*
- *Revision*

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