

## Carer First Aid (FAIB Approved)

This course is designed to comply with the requirements of the NOS Health & Social Care Standards 2005 and can be used as evidence against the Health & Social Care NVQ competencies HSC22 part c ( Level 2) & HSC32 part c, HSC374 parts a &b (Level 3) The elderly and infirm are more prone to accidents and illnesses therefore the presence of a trained Emergency First Aider in the workplace can ensure that Emergency First Aid is given to the casualty swiftly. This can prevent emergency situations becoming major issues whilst giving the best possible care to the casualty. The course combines tutorials & demonstrations with student centred methods such as group work, case studies, question & answer sessions, skill demonstrations & practice. Training can be given at your site for up to 12 students per course. The course fee includes all trainer fees and certification. This course includes the Emergency First Aid at Work qualification and is FAIB Approved. **Â Â**

**Cost:** from Â£445 for up to 12 students on your site

**Course length:** 1 day

**This course is for:** Any care workers who have been nominated to attend the First Aid module of their training and wish to gain knowledge of emergency procedures & a recognised qualification in First Aid.

**Certificate:** A 3 year Certificate of Competence (FAIB approved) will be awarded on successful completion of the course and assessment.

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### Aims

To enable candidates to minimise the risks arising from health emergencies, summon help & give adequate and efficient Emergency First Aid to a casualty at the workplace following an injury or illness using material to hand and HSE approved first aid equipment. This course complies with the requirements of the National Care Standards CU1.3.

### Objectives

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On completion of training, successful candidates should be able to:

Â Â€ understand the role of the first aider including reference to the use of available equipmentÂ Â Â and the need for recording incidents and actions;

- understand the importance of basic hygiene in first-aid procedures;
- assess the situation and circumstances in order to act safely, promptly and effectively in an emergency;
- administer first aid to a casualty who is unconscious and/or in seizure;
- administer cardiopulmonary resuscitation and use an Automated External Defibrillator (AED);
- administer first aid to a casualty who is wounded or bleeding and/or in shock;
- administer first aid to a casualty who is choking;
- provide appropriate first aid for minor injuries.

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## Syllabus

- **Introduction, registration welcome & domestics**

The task of the Emergency First Aider and priorities of First Aid practice

*What is first aid? What to do at the scene of an emergency*

**Assessment of a casualty , Recovery position**

**Artificial Ventilation and CPR + AED techniques**

Examination of an unconscious casualty

Assessment and treatment of **Cardiac Arrest and Electric Shock**

Assessment and treatment of **choking** casualties

Treatment and control of slight and severe external and internal **bleeding**

Assessment and treatment of **Shock**

Assessment and treatment of **Fainting, Epileptic seizures and poisoning**

Treatment of **Burns & Scalds**

Recognising & treating potential and actual **fractures**

Contents of a **first aid box**

Revision

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