

## Emergency First Aid at Work+AED - FAIB Approved

**First Aid equipment including AEDs and first aid trained personnel at the workplace are requirements of Health & Safety law. In emergencies, Emergency First Aiders can act to prevent situations becoming major issues and can limit potential sick leave through prompt action.**

**Cost:** from Â£445 for up to 12 students on your site

**Course length:** 1 day

**This course is for:** Employees who have been nominated as Emergency First Aiders for their workplace. If your risk assessment has shown that First Aiders are not necessary, then this course will provide the skills and knowledge required for Emergency First Aiders to render necessary First Aid in an emergency situation including use of an AED. The course is also suitable for those who wish to gain knowledge of emergency procedures & a FOFATO approved qualification in First Aid.

**Certificate:** A 3 year Certificate of Competence (FAIB approved) will be awarded on successful completion of the course and assessment.

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### Aims

To provide Emergency First Aiders with the knowledge & skills to summon help & give safe, prompt & effective emergency first aid to a casualty in the workplace following an injury or illness using materials to hand and/or HSE approved first aid equipment including an AED.

### Objectives

By the end of this course, the student will be able to:

- State the role of the Emergency First Aider
- Carry out a primary survey of a casualty
- To place an unconscious casualty into the recovery position
- Carry out effective rescue breathing to current Resuscitation Council guidelines
- Carry out effective CPR to current Resuscitation Council guidelines
- Know when and how to use an Automatic External Defibrillator (AED)
- Recognise and deal with Minor & major cases of bleeding
- To recognise and treat a patient suffering from medical shock
- Recognise & treat medical emergencies as identified by student group.

## Syllabus

### Introduction

Identification of learning needs.

The role of the Appointed person

Emergency Aid (what is it?)

### Primary Survey of a casualty

Recovery Position

Rescue Breathing

CPR including use of an AED

### Secondary Survey

Examination of an unconscious casualty

Choking

Recognition & Treatment of Minor and Major bleeding

Recognition & Treatment of Medical Shock

### Duties of an Appointed person

Emergency communication

Contents & use of a workplace First Aid kit

Open plenary session to include subjects identified by students

Revision

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